



Personal Medication Record

— SeniorNavigator.org — Virginia's Resource for Health and Aging —

Name: _____ Sex: _____
Address: _____
Social Security #: _____ DOB: _____

Emergency Contacts

Name: _____ Hm Phone: _____
Address: _____ Wk Phone: _____

Name: _____ Hm Phone: _____
Address: _____ Wk Phone: _____

Primary Care Physician: _____ Phone: _____
Specialist: _____ Phone: _____

Medications (Including over the counter and herbals):

Medication:	Dosage:	Frequency:
1. _____		
2. _____		
3. _____		
4. _____		
5. _____		
6. _____		

Blood Type: _____

Recent Surgeries: _____ Date: _____
1. _____
2. _____
3. _____

Religion: _____
Living Will on file at: _____
Do you have a Comfort Care/DNR form? _____
Where is it located? _____

**Medical Conditions:**

Check all that apply and specify below, if applicable.

- | | |
|-------------------------------------------------------|-------------------------------------------------|
| <input type="checkbox"/> No Known Medical Conditions | <input type="checkbox"/> Heart Attack |
| <input type="checkbox"/> Abnormal EKG | <input type="checkbox"/> Heart Valve Prosthesis |
| <input type="checkbox"/> Adrenal Insufficiency | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Alzheimer's Disease/Dementia | <input type="checkbox"/> High Cholesterol |
| <input type="checkbox"/> Angina | <input type="checkbox"/> Leukemia |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Low Blood Sugar |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Lymphomas |
| <input type="checkbox"/> Bleeding Disorder | <input type="checkbox"/> Pacemaker |
| <input type="checkbox"/> Cataracts | <input type="checkbox"/> Renal Failure |
| <input type="checkbox"/> Coronary Bypass Graft | <input type="checkbox"/> Seizure Disorder |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Dialysis | <input type="checkbox"/> Thyroid Disorder |
| <input type="checkbox"/> Glaucoma | <input type="checkbox"/> Vision Impaired |
| <input type="checkbox"/> Hearing Impaired | <input type="checkbox"/> Other (List Below) |

1. _____

2. _____

3. _____

Allergies:

- | | |
|---------------------------------------------|---------------------------------------------|
| <input type="checkbox"/> No Known Allergies | <input type="checkbox"/> Lidocaine |
| <input type="checkbox"/> Aspirin | <input type="checkbox"/> Penicillin |
| <input type="checkbox"/> Codeine | <input type="checkbox"/> Sulfa |
| <input type="checkbox"/> Environmental | <input type="checkbox"/> X-Ray Dyes |
| <input type="checkbox"/> Latex | <input type="checkbox"/> Other (List Below) |

1. _____

2. _____

3. _____

Medical Insurance:

Medical Insurance Company _____

Policy # _____

Other Medical Insurance _____

Medicaid # _____

Medicare # _____



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